



Fun challenges for YOU London in Croydon

Young people from the borough's uniformed youth groups battled it out on a Sunday to gain top place in Croydon's 2016 YOU Challenge (Youth Organisations in Uniform).

On a sizzling Summer Sunday (5th June 2016) under cloudless skies, over eighty representatives and their volunteer adult leaders gathered at Royal Russell School for a series of challenges, tests, tasks and most of all fun.

The challenges included a climbing wall, archery, donning a Firefighters gear, team building tasks, searching their own 'scene of crime' forensics exercise, making paper aeroplanes that fly, and frisbee golf.

The eight mixed teams including the Fire Cadets, Combined Cadet Force, Scouts, Air Cadets, Volunteer Police Cadets, Girl Guides, Girls' Brigade, Boys' Brigade and Croydon youth council came together at the

(Continued on page 2)





(Continued from page 1)

request of Representative Deputy Lieutenant Colonel Ian McRobbie OBE TD DL, who heads the Croydon Youth Organisations in Uniform partnership.

He said: *"What a brilliant day at a super venue. It's really heartening to come here today and see all these young people from different organisations coming together having fun and getting on with one another. These are our citizens of the future and I am grateful to the adult leaders who have organized this and who lead these youngsters throughout the year in their own uniformed groups. We are grateful also to Chris Hutchinson headmaster of Royal Russell School for hosting this event and look forward to next year's Croydon YOU Challenge."*

Before the prize giving the hungry teams were fed with a very welcome barbecue prepared by the school's caterers.

Joining Colonel Ian McRobbie special visitors to the event were Councillors John Wentworth, Sara Bashford and Simon Brew who were able to see and happily take part in some the activities. They all expressed their thanks to the adults who had made possible this exciting example of youth groups working collaboratively.

With smiles all round and accompanied by Mr Chris Hutchinson, Colonel Ian McRobbie made the final award presentations to the winning Team which had gained most points from the challenges.



From Angela Richardson, Mayor's Secretary London Borough of Barnet

I invited representatives from all of The London Borough of Barnet cadet forces to attend the Annual Council meeting on 24 May at Hendon Town Hall when the new Mayor, Councillor David Longstaff was sworn into office.

There are 16 military cadet units in the borough, including Sea Cadets, Combined Cadet Force, Army Cadets and Air Cadets.

This raised the profile of the cadet services in the borough and they did a grand job of lining the stairs to the council chamber, assisting guests to their seats and polishing off the buffet at the end of the evening!

Photo by Simon O'Connor.

YOU London was instrumental recently in helping a local St John Ambulance cadet

unit relocate after its previous premises was closed for redevelopment.

**St John
Ambulance**



YOU London and GLRFCA was able to offer support and

The Royal Marines Reserve London Division generously offered the cadets the use of its centre for training.

The result, a happy and prospering group of cadets all of whom recently passed their cadet first-aid qualification."

Wandsworth Cllr Leslie McDonnell
South-West Area President
St John Ambulance

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Queens award for Hounslow Guiding Group

Hounslow Brownie and Guide Leader Pat Spencer bubbled with pride and happiness as she was presented with the prestigious Queen's Award for Voluntary Service on 29th June at Bell Road Methodist Church. The award for voluntary groups is equivalent to the MBE for individuals. Pat, who has given over thirty years of dedicated and exceptional voluntary service to the 1st Hounslow and 6th Hounslow Brownies and 1st Hounslow Guides, Girlguiding Middlesex South West County, received the award on behalf of her Girlguiding group.

Nominated by a parent Rena Wallace, the award, one of only four made in Greater London in 2016, was presented by Representative Deputy Lieutenant Maria Pedro in the presence of Mayor Councillor Ajmer Grewal and Pip McKerrow, Chief Commissioner of Girlguiding London and South East. In their addresses, both the Mayor and the Representative Deputy Lieutenant spoke gratefully of the huge and positive contribution made by the group to the lives of so many girls.

Commenting on the award Pat said: *"I feel overwhelmed by everything but so grateful to Rena who nominated me and my group. If it wasn't for my group and certainly my colleagues, who help me every week perhaps we wouldn't have got this award. It's still a fantastic, fantastic achievement and I can't thank everybody enough. It's a real team effort, it has to be."*

Guests who included current and past members of the group, families and friends, local councillors and church representatives, heard young adults Megan Furborough and Jessica Watts praise the invaluable contribution which this group and Guiding had made and continue to make to their lives.

Tea, cake and rousing campfire songs rounded off a most joyful occasion celebrating the voluntary work of so many in Hounslow. Representatives from Girlguiding, Scouts, Volunteer Police Cadets and YOU London (Youth Organisations in Uniform) were happy to be a part of the celebrations.

Kingston VPC join Regional First Aid Competition



A team of five Kingston-upon-Thames Volunteer Police Cadets went to the Royal Russell School in Croydon to take part in the London District Regional First Aid Competition.

Three of our cadets helped out with the smooth-running of the day, ensuring that everyone knew where they had to be and when, taking cadets to their scenarios, taking photos, playing casualty and just generally helping out.

Another Instructor and I competed in the senior part of the competition, where we had one team scenario. It consisted of two casualties who had sustained serious injuries upon landing in a remote area, after a parachute hadn't opened properly during a sky dive. There was also an individual scenario each. For my individual scenario, I had to tend to a 13-year-old Army Cadet who was suffering from an asthma attack.

All competing cadets were assessed on various things, such as reassuring the casualties, treating them promptly and effectively, ensuring they were warm and as comfortable as possible, handing over to paramedics etc. It was a great experience and fantastic to represent the Volunteer Police Cadets.

We struggled a bit with the team task, due to the fact that it was our first time at the competition, so we didn't know too much about it or how it ran, but we boosted our final scores in the individual tasks and ended up placing runners up in the senior teams category. Overall, we all had a brilliant day and loved interacting with the other Cadet forces.

I'm looking forward to next year (hopefully we'll be invited back), and I hope that there will be more VPC units competing next year too.'

Emma Cheetham
Volunteer Police Cadet Instructor
Kingston-upon-Thames



Celebration Weekend for Croydon Scouting

Over the Spring Bank Holiday weekend at the end of April 2016, over 500 Cubs Scouts, 200 adults and Leaders and another 75 base instructors participated in an activity weekend to celebrate the 100th Anniversary of Cub Scouts (1916 - 2016)

The event was held at Frylands Wood Scout Outdoor Centre in Croydon and the event was hosted, organised and run by Croydon Scouting.

The event was officially opened by TV Presenter Steve Backshall and Thom Evans Ex Scotland International Rugby Player. They dropped in by helicopter early morning on Saturday 30th April 2016 and opened the event, signed tee shirts and participated in activities with the excited Cub Scouts before leaving for other scheduled visits around the Country.

Gavin Barwell (MP) for Croydon Central and Comptroller of HM Household, took time out of his busy schedule to visit this special camp and talk to the young people of Croydon.

Croydon Scouting welcome all enquiries for youth members and or adult volunteers. Please contact us on Tel: 0845 265 3811 email: dc@croydonscouting.org.uk.

Steve French, District Commissioner



YOU London contact

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Spotlight on Girls' Brigade

Girls and young women are Girls' Brigade's passion and we love to see them discover life to the full.

In England and Wales, Girls' Brigade (GB) works with churches and schools to develop tailored outreach groups which enable girls and young women, primarily but not exclusively, to enjoy rewarding, stretching and positive opportunities.

These sustainable local groups are for 4-8s, 7-11s, 10-14s, and 13-18s - helping them grow and develop in confidence and skills.

Around 10,000 children and young people attend these weekly groups, after school or lunchtime clubs, in safe and friendly Christian environments, where they can have fun and take part in a range of activities such as craft, games, camping, cooking and fundraising.

GB members can also take part in young leader training, the Duke of Edinburgh's Award and GB's international Queen's Award scheme, outreach events and action to benefit their local community, and attend residential and youth



If you'd like to find out more check out www.girlsb.org or call 01246 582322

Adventure of a Lifetime

YOU London was able to offer discounted places on the Jubilee Sailing Trust week long voyage London to Portsmouth at the start of October. The crew of 38 included three Sea Cadets, one Army Cadet and two parents of a SCC instructor. With our help these six people took up the (heavily discounted from £1300 to £50) offer at only four days' notice generating six more life changing voyages.

Not only did the trip count towards one cadet's gold DofE residential but he so impressed the leaders that he has been invited back on a voyage to the Canary Islands as Bosun's mate. It was a great opportunity and a good story for YOU London partnership at work. Read more about the JST on page 10 of this newsletter.



YOU gets on parade at Harrow

Over 70 Harrow teenagers from Army Cadets, Air Cadets, and Volunteer Police Cadets battled it out on the parade ground of Harrow School on 16th June

The annual drill and rifle shooting competition was presided over by the Mayor of Harrow Councillor Rekha Shah and Representative Deputy Lieutenant John Purnell.

Drill winners 1454 Harrow Squadron Air Training Corps marched off with individual and overall trophies, while 215 Kingsbury Army Cadets scooped the shooting prize. Well done to all taking part.



Royal Borough's cadets host Tea Party to celebrate the Queen's 90th

Cadet organisations from the Royal Borough of Kensington and Chelsea came together on Sunday, 12th June to put on a tea party fit for a Queen. 300 older people from across the borough were entertained by a cadet band, joined in a sing-along and were served a splendid tea at The Great Hall at The Town Hall, Horton Street. The event was an opportunity for a cross-generational celebration of The Queen's birthday with a good time had by all.





It seems far away now but that hot Summer's evening at Haringey Fire Station was just the place to be. Like all YOU London organisations LFB Fire Cadets had invited me to attend the graduation of their 2016 batch of cadets. I was there with Sea Cadets and a Borough Policing representative (who also happens to be a Senior Officer in the Air Training Corps).

First off, the welcome was great as the Fire Cadets attempted to cool everyone down with chilled squash. We were then treated to a fine professional demonstration of what this group had learned.

We saw smoke pouring from the top floors of the 'building' (hose tower) followed shortly by the sound of a siren from this appliance as it swapped into the yard.

Mini (and some not so mini) firefighting cadets deployed quickly to assess the situation, raise ladders, unroll and connect hoses. As a team they directed hoses into the incident and rescued those inside.

It was a superb finale performance for these LFB Fire Cadets who then received their awards, to much cheering and clapping by friends and family guests.

This ceremony took place across all of the boroughs where LFB Fire Cadets are based. It was the second year that I had attended and I must say that I was hugely impressed by what I saw.

LFB Fire Cadets is expanding to three more boroughs this Autumn and the chances are there will be a group near you. They are energetic, friendly and ready to learn from the other established cadet organisations. Mind you they could also teach the rest of us a few things.

Michael Nolan

The Adventure of a Lifetime



JUBILEE SAILING TRUST
changing lives

Set Sail with the Jubilee Sailing Trust Today

As innovators and pioneers, driving social inclusion and diversity since the 1970's, the Jubilee Sailing Trust provides life changing adventures at sea, bringing together people of all physical abilities and from all backgrounds.



Founded in 1978, the charity operates the only two specially designed mixed-ability tall ships in the world, *Lord Nelson* and *Tenacious*. On board, everyone becomes 'crew' and plays an active role in the voyage - irrespective of disability or impairment.

A voyage on *Lord Nelson* or *Tenacious* is not just an adventure holiday - it also looks great on

your CV, qualifies for the Duke of Edinburgh Gold Award, and equips you with new life skills whilst having a positive impact on society through our socially inclusive sailing model.

preconceptions of disability, building confidence, and developing life-skills. For many ex-service personnel has helped with their transition back to civilian life.

"Sailing with the JST is a special experience, no matter what your physical disability, you are all classed the same whilst on board. I wouldn't hesitate to go on board again and suggest it to everyone, especially those returning from service in the army."

Kyle Baker, The Rifles

Over the years, the Jubilee Sailing Trust has been proud to work with hundreds of serving and retired service personnel, including many who were injured in combat.

The Jubilee Sailing Trust operates a year round programme of adventures across the world, including upcoming voyages in the UK, Europe, the Canaries, Australia and Canada.

Through the collaborative challenge of tall ship sailing, the JST create a unique environment to demonstrate the power of a mixed ability team, changing

The charity heavily subsidises the cost of the voyages to enable everyone to sail; and additional bursary funding is available for those who require it.



You can find more information at:
www.jst.org.uk or call 023 8042 6846

SUTTON ARMY CADETS SCOOP PRIZE TROPHY

Army Cadets from 157 Detachment (Royal Artillery) South West London Army Cadet Force in Sutton, have won the coveted Elworthy Trophy, the country's only tri-service cadet military skills competition (15 October). Mr Kenneth Olisa OBE, HM Lord Lieutenant for Greater London presented the Elworthy Trophy to the winning team. The 'Runners Up' prize went to the Wilsons School CCF in Wallington.



Eleven teams of eight Cadets from the four Cadet services within Greater London (Sea Cadet Corps, Army Cadet Force, Air Training Corps and Combined Cadet Force) battled it out during a crisp and dry Autumn day at the annual event, held at the National Cadet Training Centre in Frimley, Surrey. The competition tests the basic skills of the teams of Cadets aged 12-18 years and combines these with general physical and mental agility. It is a challenging competition and is fiercely contested by all who enter.

The Cadets were put through their paces during the event and took part in a series of fun and demanding team activities including archery, command tasks, first aid, watermanship skills, casualty evacuation and observation skills.

The Sutton Cadets demonstrated their expertise and teamwork by performing well across the board and won outright in the archery, rowing,



watermanship and observation tests. Colonel Ian Denison OBE, Colonel Cadets London, who was instrumental in the planning and organisation of the event, enjoyed watching the teams of Cadets as they strove to succeed at each task. He said: "This year's contest was as competitive as ever with all the teams showing lots of enthusiasm and team spirit." Colonel Denison also thanked the Management Committee and The Worshipful Company of Blacksmiths for their continued support and sponsorship of the competition.

The winning team's Detachment Commander Lieutenant Clive Allen said, "It was a fabulous effort by the cadets, with great team work and they gave it their all. It's an outstanding effort and I am so pleased and proud of them. I very much appreciate the work of Sgt Del Rio of our cadet training team who helped prepare the cadets."

Throughout the competition, the Cadets were looked after by volunteer Officers and Adult Instructors who manage a broad programme of military and adventurous training activities designed to develop character and leadership.

Presenting the awards HM Lord Lieutenant of Greater London Mr Kenneth Olisa OBE said: "It's been a real pleasure to be here today and to see the range of activity at the Elworthy Trophy and I congratulate the winners. Each of you who have taken part should be proud, you are one of 88 out of London's 14,500 cadets and I congratulate you all."

Organisation	Contact Name	Email Address
Air Training Corps	TBA	TBA
Army Cadet Force	Michael Nolan	michael@nolan75.freemove.co.uk
Boys' Brigade	Vic Russell	admin@london-districtbb.co.uk
Fire Cadets	Sara Perez	sara.perez@london-fire.gov.uk
Girls' Brigade	Hannah Field	Hannah.Field@gb-ministries.org
Girlguiding LaSER	Alison Bruce	Alibaba@care4free.net
Scout Association	Debbie Evans	debbie.evans@scouts.org.uk
Sea Cadet Corps	Maria McEvoy	mmcevoy@ms-sc.org
St John Ambulance	Jane Fonteyn	Jane.Fonteyn@sja.org.uk
Volunteer Police Cadets	Lucy O'Mahony	Lucy.O'Mahony@met.police.uk
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It's all about



The aim of YOU London is to work together

to support young people by maximising the benefits of the existing youth organisations. Working together takes many forms including inter-group competitions, sharing premises, exhibiting together at recruitment events in borough, or simply being aware of who is who in the boroughs' youth groups. Working together often produces for the groups much more than the sum of the individual parts can do.

Z cards

Fold out business cards sized which advertise all of the YOU London groups are available from Donna

gl-offcadets@rfca.mod.uk

