



## **YOU Kensington and Chelsea help with older people's Tea Party**

Over 300 older people attended a Community Tea event on Sunday 8th July supported by over forty different organisations including YOU London. The event was held in the Council's Great Hall and coordinated by the Kensington and Chelsea Forum for Older Residents.

Older residents from across the borough were been invited. The residents were served a fine selection of sandwiches, tea, cakes and bubbly and listened to entertainment from a range of young volunteers. Thank you to all the voluntary groups, businesses and Cadet and Scout groups from YOU London who supported the event.

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## Youth organisations working together

On Friday 4<sup>th</sup> and 11<sup>th</sup> May, myself (Cadet Corporal Amy Lee), Cadet Corporal Sophie Lee, Cadet Lance Corporal Ellie White and Cadet Lance Corporal Teodora Vazdoaga were working closely with the 4<sup>th</sup> Staines Girl Guides Unit.



During these two evenings we, as four senior NCOs - Non Commissioned Officers) were delivering various skill lessons to help further the Girl Guides knowledge but also, to allow them to gain and develop new skills.

These lessons were Navigation, First Aid and a few command tasks. The girls were split into two groups so they could experience two different types of lessons being taught in order to gain more knowledge and they rotated throughout the evening equally.

On Friday 4<sup>th</sup> May the First Aid lessons were bandages and slings, and CPR.

During these lessons the girl guides took everything being taught on board really quick. Being able to teach first aid and pass down our knowledge was a great feeling as it is an essential life skill that everyone should know. Seeing the Girl Guides pick up the basic First Aid skills really well was very rewarding. They all thoroughly enjoyed it and got really involved and interested. They continually asked questions about reasons why we treat casualties the way we do which was great as it tested our knowledge too.

On Friday 11<sup>th</sup> May it was a change up of lessons as we taught navigation. This was a fun and activity filled evening where the cadets had to work together in order to achieve the lesson aims. The Girl Guides gained knowledge within route cards and 4/6 figure grid references. The lessons during this evening were really successful as the Army cadets worked as a team to fill in their test sheets to ensure they were as accurate as possible, as well as have their learning tested through mini tests. Overall, these two training evenings were really successful and helped to create a great partnership between the Army Cadet Force and the Girl Guides.



We all hope to carry out more training events with the Girl Guides and many other youth organisations within our local area. It is a great feeling to help out our local community and we wish to do more. These training evenings helped four NCO's become more confident within our teaching and our skills that we perform as well as our leadership and team work.

***Cadet Cpl Amy Lee and Cadet Cpl Sophie Lee  
195 Staines Detachment (Princess of Wales's  
Royal Regiment)***





## Mill Hill School CCF Corps of Drums



*Photo: Darren Roper*

On Friday 25th May the Mill Hill School Corps of Drums was invited to the Union Jack Club, Waterloo to perform at the London District Annual Combined Cadet Force Dinner.

We arrived at 1800 and after a quick practice (and dinner) we lined up outside the corridor and prepared to march in to the Welsh tune, 'Men of Harlech'. Once in, we played, the 'Great Escape' and came to a halt, at which point we had a performance of Monti's, 'Czardas' by Cadet Sergeant Ching Kwok on the violin. Immediately after all the applause died down, there was a performance by the Drum Routine, 7 of our best drummers who performed a special routine written by past cadets.

When this had finished, we all fell silent and listened as Col Ian Denison gave a speech of thanks. During the course of this speech our very own Major Anthony Norrington was the first to be awarded the London District Colonel Cadets Commendation. Overall it was a fantastic evening and we all hope to return next year.

***Cadet Sgt Hugo Forte,  
Lead Tip MHS CCF Corps of Drums***



## Celebrating Girls' Brigade's 125<sup>th</sup> birthday

Girls' Brigade groups in areas up and down the country have been joining forces to mark the organisation's 125<sup>th</sup> birthday year.

The groups in Kingston and Merton District got together for a fun day on Saturday 23 June 2018, at New Malden URC.

Around 60 girls and young women attended from 4th Morden, 3rd Morden, 1st Merton Park, 2nd New Malden, 1st Kingston and 38th London Girls' Brigade (GB) groups.

District Team Leader Denise Hodgson says 'We had a large bouncy castle and 10 Didicars, a proper disco and DJ, and a BBQ. We played team games and danced to lots of music and a party bag consisting of sweets, a piece of cake and a keyring was given to everyone, along with a balloon.

'A great day was had by all, with beautiful weather, and we had lots of help from leaders in the area.'

GB's anniversary project is called #WeAreGB125 and GB groups are being set three challenges to Give Hope, Build Hope, and Celebrate Hope:

Celebrate Hope – such as a fun day or party, like the one organised by Kingston and Merton District

Give Hope – such as carrying out social action in their local community

Build Hope – growing the size of their group.



## Seven hundred and fifty attend Boys' Brigade

### *'Life 2 the Max 2018'*

Over 750 young people and leaders from across The Boys' Brigade and Girls' Brigade in London came together for Life 2 the Max 2018 which took place on Saturday 23<sup>rd</sup> June 2018 at Felden Lodge. It was a fantastic day with a range of rides including the massively popular Dodgems and King Frog along with activities, workshops and shows for all age groups. Ben Jack from the Message Trust concluded a brilliant day with a powerful message about living life to the full through a relationship with Jesus.



## London plays host to National Fire Cadets Games



**What:** National Fire Cadets Games

**When:** 18-19 August 2018 9am – 5pm on both days

**Where:** Crystal Palace National Sports Centre, London

**Contact for more information:** [lfbfirecadets@london-fire.gov.uk](mailto:lfbfirecadets@london-fire.gov.uk)

It's free, it's in the Summer and it's in a park – we would like to extend an invite to our friends from all uniformed youth organisations and encourage everyone to come along to show Fire Cadets some support together with their friends and families.

London Fire Brigade is hosting the event in partnership with Essex County Fire Rescue Service. It will be a weekend event held over two days with daytime competitions for fire cadets across Fire and Rescue Services nationally: testing their knowledge, skills and teamwork through a number of practical activities including dam building and knots and lines. There will be an overall winning Fire and Rescue Service team awarded a trophy on the second day.

Alongside the NFC Games, our Community Safety colleagues will be hosting an exhibition where everyone can come and learn about fire safety in the home, road safety and water safety on our very own beach area outside the sports centre! There will also be a special appearance from our fire investigation team and fire dog Simba!



# Splash and march for YOU Haringey

Over seventy young people and their leaders from Haringey's uniformed youth groups spent last weekend (30 June – 1 July) challenging themselves at their annual combined event, this year held at London District Sea Cadet Boat Station at Docklands. Raft building, canoeing, rowing and kayaking were all part of Saturday's challenge with professional instruction and supervision provided throughout. While mainly intended for fun teams were marked and gained points on team spirit leadership and most improvement displayed during the various activities.

The annual event takes places in Armed Forces



week and the Sunday parade reflects that. After the civic march and parade by the uniformed youth groups from TS Wizard along White Hart Lane, all assembled for an inspection at the Civic Centre in front of the Mayor of Haringey Councillor Gina Adamou accompanied by the Representative Deputy Lieutenant of the Borough Captain Peter Baker, Catherine West MP and other dignitaries.

The Mayor presented the winner of the most improved award to Andrew Myers Nobbs representing Scouting in Haringey. She remarked on how happy she was to be able to make the presentation and how proud she was of the young people and all their efforts. Captain Baker also took the opportunity to present the prestigious Representative Deputy Lieutenant's Award for dedication in his cadet role to Able Cadet Renato Osmani of Haringey Sea Cadet Unit.



# YOU Croydon Challenge Day



On Sunday 3<sup>rd</sup> June 2018 uniformed youth groups from Croydon came together at Royal Russell School to take part in the YOU Croydon challenge. It was a glorious day and lots of fun was had by both participants and leaders.

The teams participated in a number of challenges which included a climbing wall, an air rifle target exercise, team building tasks, making paper planes with the best aero dynamics and a competition to see whose went the furthest distance. A crime scene search, hungry hippos and an observation task.

The young people started the day with a number of ice breakers which were used to organise them into mixed teams. The teams included representatives from the Volunteer Police Cadets, Girlguiding, Scouts, Boys' and Girls' brigade, RAF Air Cadets, Army Cadets and the Combined Cadet Force.

Each team was provided with a different coloured T shirt. Deputy lieutenant Colonel Ian McRobbie OBE TD DL who heads up YOU Croydon in company with ward councillors from Croydon Council presented the teams with their awards at the end of the day.

Colonel McRobbie said "It has been a great day and it has been wonderful to see all the organisations coming together and having fun. I am grateful to all the volunteers who have organised this and who lead the youngsters all year in their own uniformed groups. These young

people are great ambassadors and our future. We are extremely fortunate to have been able to hold the event at the school and are very grateful to Chris Hutchinson headmaster of the school for hosting this event again".

The teams were rewarded for their efforts with a very welcomed Barbecue prepared by the schools caterers. Youth groups in Croydon regularly meet and work together and it is hoped that the event can be repeated again next year.







## Save the date - 1 September 2018

Greater London RFCA and YOU London is planning a First World War remembrance event at the Royal Hospital Chelsea on Saturday 1 September 2018. The YOU London part of this will take place in Burton Court and will be similar to the showcase event which took place in 2014.

Burton Court will contain up to 700 uniformed young people from the member organisations of YOU London. These organisations will line the route for the parade and each produce a display stand, showing what they have learnt through commemoration of the First World War over the last four years and how this will equip them for the future. The theme for this event is 'Through the eyes of young people to the future'.

Organisations which have sought to encourage remembrance of the First World War will also be invited to create displays with material they have produced over the last four years.

All London units are invited to have a display stand within Burton Court, should they wish. A display arena in the centre of the football pitch will provide space for young people to showcase their creativity and talents.



# Cadets receive the Diana award 2018

Each year thousands of young people from across the UK are nominated for the Diana award. However, only a small number of young people from each area across the UK are selected to receive the Diana award. The Diana award is an achievement based upon a young person who is seen as an inspiration to those around them, seen to be doing something extraordinary and has a desire to change the world into a better place. These young people are seen to be dedicated to helping others and putting other people's needs before their own. This award was created in the memory and legacy of Princess Diana who was seen to be an inspirational person who always wanted to help those less fortunate and create the world a much safer and better place to live in.

This year a variety of young people who are involved in different youth organisations were presented with one of the Diana awards. Amongst these young youth organisation cadets was Cadet Corporal Amy Lee from 195 Staines Detachment. Cadet Corporal Lee was nominated because of her huge selfless commitment and dedication at her detachment.

The main highlight was for her charity work and her own support and encouragement for her younger brother in joining the cadet force. Cadet Corporal Lee has a big desire to always take part in as much charity work as possible, whatever it takes. She has raised money for various charities through bag packing, local community events, and a charity 10k run. Cadet Corporal Lee has shown a big wish for her younger brother to be part of the cadet force and share the experiences that she and older sister have had. Cadet Corporal Lee nurtured and supported him to attend various volunteering charity events, training weekends and competitions. She says; 'I want my brother become more confident and independent, but to also take on challenges that he can overcome and be proud of. Through being a part of the cadets myself and two siblings have created a much stronger bond and enjoy spending these amazing experience with each other.'



Cadet Corporal Lee ensures that all her fellow cadets are treated equally and that they all given challenging opportunities. Cadet Corporal Lee has recently been helping her local Girl Guiding unit to provide them with more life-skill training. Through this she has delivered first-aid and navigation lessons to help develop the Girl Guide's skills further and become more confident with the training they are gaining for their own district camps. Cadet Corporal Lee has also been helping to prepare the Girl Guides each year to get them ready for their remembrance Sunday parade. She said, 'I enjoy so much working alongside my local Girl Guides unit as I'm creating new friendships, but also developing my own skills and confidence as a non commissioned officer. It's rewarding to know that my own skills are being passed down and have helped the girls so much to become better and much more confident young girl guides.'

Cadet Corporal Lee received her award on July 23<sup>rd</sup> in London alongside other great, inspirational young people from all different schools, organisations, charities and families. It was such an amazing ceremony to be a part of and an honour to listen to all the different stories about these young people receiving their awards. Cadet Corporal Lee said after receiving her award; "I never thought in a million years I would receive anything as rewarding as this. It's such a great feeling to see my hard work being noticed but it's not about how many awards you receive. It's about the positive mark you make and the changes you create to see positive changes in the world around you."

*(Continued on page 10)*





Uniformed young people and volunteers attended HRH The Prince of Wales 70<sup>th</sup> Birthday celebrations at Buckingham Palace in May, in recognition of their commitment to youth social action and community work.

*(Continued from page 9)*

To be a Diana award holder is an amazing feeling.” Cadet Corporal Lee has represented her unit and Army Cadet Force very proudly and has done so well to achieve this award. Her family is very proud of her achievement.

They said, “We’re so proud of all 3 of our children and the achievements they have made. To see Amy Lee receive the Diana award was amazing and an emotional experience. To hear the lovely words said about her, but things like this never happen without the support from her volunteer adult instructors and their work they put in.”

We want to say well done to all young people who received a Diana award this year and may they continue all their inspirational work.

***Sergeant Instructor Rebecca Varney  
195 Staines Detachment ( Princess of Wales’  
Royal Regiment)***



In July, Youth Panel Ambassadors from Youth United Foundation formally launched the charity’s key research, undertaken by ComRes, “Social Integration: The Role of Uniformed Youth Groups”.

The panel, drawn from uniformed youth groups across the network and ranging between 15-23 years old, formally presented the report’s topline findings to an invited audience of government and third sector stakeholders.

The panel also presented their complimentary peer research into social integration, exploring the views of their units and other uniformed youth members. The full ComRes report is available on Youth United’s website: [www.yuf.org.uk](http://www.yuf.org.uk)



## New Army Cadet Centre formally opened in Merton.

On Monday 9 July, Major General Ben Bathurst CBE formally opened the new Army Cadet Centre on Dorset Road, Merton. The Cadet Centre is home to 134 (Royal Regiment of Fusiliers) Cadet Detachment, Army Cadet Force.

The opening was an opportunity for the cadet's families, local members of the community and representatives of the armed services to come together to recognise the hard work of the cadets, who are members of one of the country's largest voluntary youth organisations.

Being an Army Cadet is a rewarding experience where 12-18 year olds can enjoy action, adventure, fun and friendship. As described by Senior NCO, Corporal Selina Senguder "There are such a broad range of activities and you get to do things that you wouldn't get to do in real life. You also get to meet people from lots of different backgrounds".

Major General Bathurst congratulated the cadets and recognised the important role of the Adult Volunteers. "None of this would be possible without the wonderful Cadet Force Adult Volunteers who freely give up their own time in evenings, weekends and holidays". In addition, Major General Bathurst thanked all those who made the event possible including the Army Cadet Force, London District Cadet Force Headquarters and the Reserve Forces' and Cade's Association for Greater London.



*Adult leaders from local RAF Air Cadet and Sea Cadet Corps units attended the formal opening.*

### YOU London contact

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YOU London is supported by:



**Reserve Forces' and Cadets'  
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Have you got news for us ?  
The stories we are looking for are those where YOU partners are working together.

Email yours to :  
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## It's all about



The aim of YOU London is to work together

to support young people by maximising the benefits of the existing youth organisations. Working together takes many forms including inter-group competitions, sharing premises, exhibiting together at recruitment events in borough, or simply being aware of who is who in the boroughs' youth groups. Working together often produces for the groups much more than the sum of the individual parts can do.

## Z cards

Fold out business cards sized which advertise all of the YOU London groups are available from

Donna

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