

Sutton VPC Support Silver Sunday Afternoon Tea

Sutton Volunteer Police Cadets spent a wonderful afternoon supporting Age UK Sutton in serving afternoon tea to some of Sutton's most vulnerable and lonely older residents at the West Street Evangelical Church, Carshalton on Sunday 6th October. The cadets devoted their time to chatting to guests and even accompanied a singer, Colette Parham, in leading a sing-a-long session.

All were proud to be working in their community to make Sutton a more age friendly place by joining in this fun social event to bring people together.



Scéhérazade Ameer of Age UK Sutton said, "I would like to say a huge thank you to the cadets for making our Silver Sunday Afternoon Tea such a success. They were nothing short of brilliant! The cadets were friendly, polite, courteous, extremely hard-working and fun. Our guests really enjoyed chatting with them. I can honestly say that the cadets brought so much to the event!"

The event was organised by Age UK Sutton. Tasty treats were kindly donated by the local Asda and Morrison stores.



2019 Census

The YOU London figures given below are as at September 2019. Overall, London is around 5,000 young people up and around 1,000 adult volunteers down on last year. Recruiting adult volunteers remains a constant challenge and priority for all organisations.

Group	Young People	Adults
Army Cadet Force	2,975	506
Air Training Corps	2,923	889
Boys' Brigade	1,911	767
Combined Cadet Force	5,821	264
Fire Cadets	812*	330
Girls' Brigade	(1,624)	(394)
Girlguiding	29,795	(5,877)
Scouts	38,489	12,682
Sea Cadet Corps	1,137	349
St John Ambulance	(1,465)	(235)
Volunteer Police Cadets	4,527	483
Totals	91,479	22,776

(Numbers in brackets are 2018 figures)

* Establishment figure

Deputy Lieutenant Certificates

Did you know that the Deputy Lieutenant Certificate scheme is open to all YOU London organisations? Deputy Lieutenant Certificates are awarded to worthy young people in each borough to recognise their achievements and to create an awareness of their contribution to the local community.

Application forms are available from Donna at gl-offcadets@rfca.mod.uk. The deadline for nominations is 31 January 2020. Ideally, the Lieutenancy would like to receive 2-3 nominations per organisation per borough.



Saragarhi Day

YOU London and St John Ambulance shared an information stand at the Army's Saragarhi Day commemorations at the Army Reserve Centre in Southall on Saturday 14th September.



The Battle of Saragarhi in 1897, is considered one of history's 'greatest last stands', when 21 Sikh soldiers fought against over 10,000 Afghan tribesmen, defending a British Army outpost on the Indian North-West frontier.

As well as interest stands from various elements of the Army, Royal Navy, RAF Reserves, local cadet units and Metropolitan Police Service, there were also demonstrations of Sikh and British Army culture. The Jaikara (traditional War Cry) was given before and after Last Post and Reveille; and a Gatka demonstration (an Indian martial art) was performed by Sahibzada Baba Ajit Singh Gatka Akhar.



Gatka demonstration



2020 Events

London New Year's Day Parade Wednesday 1 January 2020

www.lnydp.com

If any London units would like to either take part in, or provide support to, next year's New Year's Day parade, they should contact the Event Director, Bob Bone, on [0203 275 0190](tel:02032750190) or info@lnydp.com.

London's New Year's Day Parade is now in its 35th year. The parade starts at 1230 from Berkeley Square and routes via Piccadilly Circus, the Mall, Trafalgar Square and Whitehall to finish at around 1530 near Parliament Square. The parade consists of around 80 floats or groups of people or vehicles. As part of the parade each act has the opportunity to perform for a short period for judges and a prize for the best is awarded.

The organisers estimate that around 650K people line the streets to watch the parade and a further 455 million watch it on TV across 20 nations.

Lord Mayor's Music Competition Saturday 16 May 2020

This is a high-profile event at Guildhall Yard to showcase the music of uniformed youth organisations. Previously the event was only open to Sea, Army and Air Cadet bands in London. The competition is now open to all YOU London organisations. The intent is to have a mix of full bands and Corps of Drums performances. The judges include the current Lord Mayor and the General Officer Commanding London District as well as a number of senior musicians.



The winning band will receive a trophy - as will the best bugler of the competition - and be given the opportunity to play for the Lord Mayor of London in the Mansion House.

The event will start at 1000. The competition takes around 2 hours and is followed by a reception and prize-giving in the Crypt below the Guildhall. Each set will be around 15 minutes including marching on, playing and marching off. Each organisation may only enter one category. The maximum size of the band/Corps of Drums is 21, including the Drum Major/Bandmaster. The competition is open to combined bands.

Anyone interested in participating, should contact Lt Cdr Tony Pringle on gl-cedep@rfca.mod.uk.

Royal Military Academy Sandhurst World Youth Skills Day, 10 and 11 July 2020

The Army will deliver a two-day celebration of World Youth Skills Day for 400 young people aged 12-16 years in July. The event is intended to be inspirational and aspirational, aimed at developing leadership skills through a series of challenges. The event is for teams of 10 with one adult instructor accompanying each team. There is also the opportunity for organisations to run a stand at this event should they wish.

Royal Military Academy Sandhurst STEM Challenge, 24 and 25 September 2020

The Army will run a STEM careers fair for 11-16-year-olds on 24 and 25 September 2020. Its key purpose is to inspire the next generation of Scientists, Technicians, Engineers and Mathematicians. Activity stands will be run by military personnel and by 40 civilian companies. Last year's event saw over 3,000 young people attend over the two days - and hundreds of industry partners and STEM ambassadors. Registration for this event will open at the end of February 2020.

For more information on both events, contact Debbie at youlondon1@gmail.com.

VE Day 75

Next year sees the 75th anniversary of VE Day – the day the Second World War ended in Europe - on Friday 8 May 2020. To mark the occasion, the Government have moved the early May Bank Holiday back by 4 days, so Friday 8 May 2020 will be a public holiday instead of Monday 4 May.

This is to encourage a 3-day weekend of local and national commemorations, which will include:

Friday 8 May

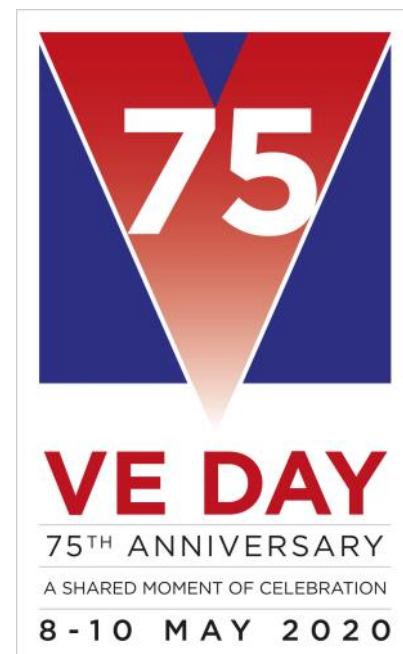
- 2.55pm – Last Post, played by Buglers around the country
- 3pm – Battle's O'er, played by Pipers all over the world
- 3pm – The Nation's Toast
- 6.55pm – A Cry for Peace Around the World, Town Criers around the world will simultaneously read from the same script
- 7pm – Ringing out for Peace, bells around the country will ring out

Friday, Saturday and Sunday

Street parties around the country

Sunday 10 May

10.30am - Church services of celebration and commemoration



#VEDay75

More details on all these events can be found at www.veday75.org.

You can also register to take part in any events or download the official logo, toolkit, music or scripts.

London Poppy Day



This year's **London Poppy Day** will be on Thursday 31 October. London Poppy Day is the largest one-day street collection of its kind in the UK – all in support of the Poppy Appeal.

Around 2,000 collectors including uniformed personnel from the Royal Navy, Army, Royal Air Force, veterans and cadets will be selling poppies at tube and train stations throughout London.

Look out for performances from military bands and celebrity appearances at major stations and other venues across London.

To get involved visit www.britishlegion.org.uk/get-involved/things-to-do/regional-events/london-poppy-day.



Rickmansworth & Watford Sea Cadets scoop Elworthy Trophy

Sea Cadets from Rickmansworth & Watford Sea Cadet Unit won the coveted Elworthy Trophy - the country's only tri-service cadet military skills competition - on Saturday 12th October. Colonel Mark Bryant DL, representing the Lord Lieutenant for Greater London presented the Elworthy Trophy to the winning team. The 'Runners Up' prize went to 1034 (Surbiton) Squadron RAF Air Cadets (last year's winners).



Ten teams of eight cadets from the four military cadet services within Greater London (Sea Cadet Corps, Army Cadet Force, Air Training Corps and Combined Cadet Force) were put through their paces on a rainy Autumn day at the National Cadet Training Centre in Frimley, Surrey.



The competition tests the basic skills of the teams of cadets aged 12-18 years in a series of fun and demanding team activities including archery, command tasks, first aid, watermanship skills and observation skills, and combines these with general physical and mental agility. It is a challenging competition, fiercely contested by all who enter.

Colonel Ian Denison OBE, Colonel Cadets London District, who was instrumental in the planning and organisation of the event, enjoyed watching the teams of cadets as they tackled each task. He said: "This year's contest was as competitive as ever with all teams showing lots of enthusiasm and team spirit." Colonel Denison also thanked the Management Committee and The Worshipful Company of Blacksmiths for their continued support and sponsorship of the competition.



Senior Cadet Leadership Course

The Senior Cadet Leadership Course (SCLC) is a leadership development course run as a partnership between the Sea Cadets, St John Ambulance, London Fire Cadets and Volunteer Police Cadets. 30 senior London cadets recently completed a weekend at the Royal Marines Reserve base in Southfields over the weekend of 5-6 October. The aim of the course is to develop specific skills for the role of senior cadets in units and to help link cadet skills to employability.



The participants said:

"I gained many new ways to deal with issues in cadets, for example how to deal with any problems between cadets. I also gained more confidence within myself as a leader. The course has opened up many opportunities for me and given me the confidence I need to be a good leader for my unit."

Georgia Kemp, Kingston VPC



"I'm grateful for being given the opportunity to attend this course and I thoroughly enjoyed it. I enjoyed meeting new people, finding out what the other emergency service's cadets do, and being able to develop my leadership skills as a result of attending."

Lucie Monk, Bromley VPC

"Thank you so much for giving me the opportunity to assist with the SCLC. It's been a fantastic weekend and I truly enjoyed it. It was great to see cadets from different emergency services working together to become future leaders."

Roma Wesolek, VPC Co-ordinator Barnet

There are three SCLC courses each year. For details contact WO1 James Brian, Executive Officer, London Area Sea Cadets on LondonEWO@gmail.com.

On the Water



Still looking for something to do over the October half term? London Area Sea Cadets run a brilliant, free activity scheme getting young people aged 10-14 on the water doing exciting activities such as sailing and paddle sports. You can sign up as a group or an individual.

The activities will be run from Royal Docks Boat Station, Dockside Road, London E16 2QT from Monday 21-Friday 25 October from 0930-1230 and 1330-1630 each day.

To book email onthewater@ms-sc.org or call 07917 553 767. For more information, visit www.sea-cadets.org/get-started/on-the-water.

They also operate this scheme over the summer holidays. Why not book a couple of sessions for your London unit next summer?

Organisation	Contact Name	Email Address
Air Training Corps	Squadron Leader Stephen Rudd	stephen.rudd319@mod.gov.uk
Army Cadet Force	Debbie Goodall	gl-se-ao2@rfca.org.uk
Boys' Brigade	Chris Norman	chris.norman@boys-brigade.org.uk
Fire Cadets	Nikki Rees	nicola.rees@london-fire.gov.uk
Girls' Brigade	Julie Murdy	director@gb-ministries.org
Girlguiding LaSER	Alison Bruce	alisonbruce5@btinternet.com
Scout Association	Paul Spencer	paul.spencer@scouts.org.uk
Sea Cadet Corps	Jo Murray	jmurray@ms-sc.org
St John Ambulance	Jane Fonteyn	jane.fonteyn@sja.org.uk
Volunteer Police Cadets	Sue Hickin	Sue.hickin@met.police.uk
YOU London Co-ordinator	Debbie Wilkinson	youlondon1@gmail.com
YOU London Admin	Donna O'Halloran	gl-offcadets@rfca.mod.uk

It's all about...



The aim of YOU London is to work together to support young people by maximising the benefits of the existing youth organisations. Working together takes many forms including inter-group competitions, sharing premises, sharing information, exhibiting together at recruitment events, or simply being aware of who is who in the boroughs' youth groups. Working together often produces for the groups much more than the sum of the individual parts can do.

Z-cards

Fold out business-card sized 'Z-cards' which advertise all of the YOU London groups are available from Donna at gl-offcadets@rfca.mod.uk



If you would like to contribute something for the next edition of YOU London News, please send articles and images to youlondon1@gmail.com by 20 December 2019. We're particularly after stories of collaboration between 2 or 3 organisations of no more than 200 words with a good digital image of at least 500Kb in size.