

## YOU LONDON LEADERSHIP DEVELOPMENT CONFERENCE

YOU London partnered with Alleyn's School in Dulwich to deliver a leadership development weekend for young people aged 15 to 17, encouraging them to "be all they can be".

Over 100 young people from 9 different uniformed youth organisations listened to inspiring speakers and took part in a number of practical challenges over the weekend of 5th and 6th November. The challenges, run by the Met Police, London Fire Brigade, St John Ambulance, Army Cadet Training Team, Royal Air Force Air Cadet Engagement Team, Royal Navy, Alleyn's School CCF and Rheinmetall BAE Systems Land included the execution of a search warrant, fire hose drills, first aid triage, a gun run, collaborative flight simulation, command tasks, virtual reality battle drills, and a STEM challenge.





# YOU LONDON CONFERENCE CONT...

Military, industry and service guest speakers included Lib Peck, Director of the Mayor of London's newly established Violence Reduction Unit; Jane Lunnon, Alleyn's Head; the Lord Lieutenant of Greater London Sir Kenneth Olisa OBE; endurance athlete Major (Ret'd) Sally Orange and Chris Grant, Chair of both the British Basketball Federation and English Football's Integrated Coaching Board and a member of the Financial Services Culture Board.

## FEATURED STORIES IN THIS ISSUE:

*YOU London Leadership Conference*

*World Marathon 777 Challenge*

*Lord Mayor's Show*

*YOU in 2023*

*Local Village Network*

*London's Lifelines*



Major Scott Benest, Alleyn's CCF Contingent Commander was delighted with how well the weekend went: "It was an absolute pleasure to host the enthusiastic and able young people of the Greater London uniformed youth community. I believe that opportunities to offer hands-on leadership experience, coupled with inspirational talks, are vital to inspire and upskill the next generation. I am extremely proud of the staff, cadets and the wider Alleyn's team for making this weekend possible. I hope that some of the outstanding learning experiences, alongside a true sense of community cohesion, will resonate far beyond those who participated."

More images from the conference can be viewed at [YOU London Leadership Development Conference images](#).

If you attended the conference and haven't yet completed an evaluation form, you can do so [here](#).



# 2023

## YOU LONDON QUIZ

Look out in the New Year for the YOU London inter-organisational quiz! Each organisation will hold their own 'heats', either in person or virtually, during January and February and then the top one or two teams from each organisation will come together in a central venue on a Saturday afternoon in March or April to compete in the final.



*DON'T  
miss it!*

Big thanks to The Boys' Brigade in London for running this for us.

## WHAT DOES THE ARMY ACTUALLY DO?

Ever wondered what the Army actually does??? Well, now is your chance to find out!

The Army Engagement Group will be giving presentations in Haringey and Camden on 22 February and 8 March respectively. The presentations cover why we have an Army, what the Army does on the Nation's behalf, how the Army trains and develops soldiers, how the Army is structured and what it is doing to ensure success both today and in the future. For more details and to reserve your places, email [RC-AEG-mailbox@mod.gov.uk](mailto:RC-AEG-mailbox@mod.gov.uk).

## TROOPING THE COLOUR YOUTH ENCLOSURE

YOU London has been offered free tickets to the youth enclosure for this year's Kings Birthday Parade and for the Colonel's Review, the Saturday before. Exact dates still TBC. If your group would like to watch this impressive display of British pomp and ceremony - HM The King's first King's Birthday Parade - please contact the YOU London representative for your organisation. Details on the back page.

## THE ROYAL HOUSEHOLD

Did you know that the Royal Household is an employer, just like any other in the United Kingdom? The Royal Household employs over 1,000 staff as footmen, chefs, grooms, florists etc to the Royal family. There are also opportunities in IT, HR, PR, finance, property management and event management.

Most employees are based at Buckingham Palace and St James's Palace in London, Windsor Castle, or the Palace of Holyroodhouse in Edinburgh.

If you are a young person thinking about an exciting career opportunity, or an adult volunteer looking for something a little bit different, why not visit [www.royal.uk/working-us](http://www.royal.uk/working-us) and see where it takes you?

## YOU CROYDON CVQO BRIEF

If you are a member of a uniformed youth group in or near Croydon, why not pop along to the CVQO Awareness Evening at Royal Russell School at 1930 hours on Tuesday 31st January to find out about the free BTEC Level 2 qualification in Teamwork and Personal Development that CVQO run for members of uniformed youth groups? The qualification is open to 16-19 year olds and runs seamlessly side by side with the activities your organisation is already running.

**Nominations for the 2023  
CVQO Westminster Award are  
now open!**

Deadline 20 January 2023.

Details [here](#).



LONDON, EAST ANGLIA and  
HOME COUNTIES



# '777' CHALLENGE

[Sally Orange](#) is an international endurance athlete, mental health campaigner, Guinness World Record holder, ACF Ambassador and the only person in the world to have run a marathon on every continent dressed as a piece of fruit!

From 31 January to 6 February 2023, Sally will be participating in the [World Marathon Challenge](#) which will see her run 7 marathons in 7 continents in 7 days for 7 charities. If successful, Sally will become just the fifth British woman and the first female military veteran to have undertaken this incredible achievement.

YOU London would like to use this event to inspire and challenge you to achieve something for yourself based around the number 7. It could be anything you like – 7 laps of a swimming pool, 7 good deeds in 7 days, running 700 metres for 7 days – anything that you can think of, the more imaginative the better. We suggest that you ask 7 friends to sponsor you £7 each, but if that is not practical in the current financial climate, why not ask 7 friends to sponsor you £1 each, thereby raising £7 in sponsorship?

What could you do based around the number 7 to support Sally and raise vital funds for charity?



The easiest way to donate is to share Sally's [JustGiving link](#) (also available via the website) directly with sponsors and ask them to put in the comments box something along the lines of 'Sponsorship for [insert name] of [insert unit / organisation] running / swimming / walking etc [insert challenge]'.

Follow Sally's progress at [www.sallyorange.com](http://www.sallyorange.com)



# THE LORD MAYOR'S SHOW

YOU London had a float in the Lord Mayor's Show on Saturday 12th November. The theme of the float was the Duke of Edinburgh's Award scheme as it is one of the incoming Lord Mayor's two chosen charities and one of the key things most YOU groups have in common. Our float consisted of young people and adult volunteers from the Army Cadet Force, Boys' Brigade, Colfe's School CCF, Scouts, Sea Cadet Corps, St John Ambulance and Brent Volunteer Police Cadets.

The Boys' Brigade provided a minibus as part of the float and the Reserve Forces' and Cadets' Association for Greater London covered the costs of having it YOU liveried. Here are some pictures of us and other uniformed youth groups taking part in the show. You can view more images of the show at [Lord Mayor's Show images](#).









# DL CERTIFICATES



The nomination process is currently open for Deputy Lieutenant Certificate submissions, the deadline being 31 January 2023. This scheme has been open to all YOU London organisations since 2018.

Deputy Lieutenant Certificates are awarded to young people (aged 15 or over on 31 January 2023) to give recognition to their achievements within their organisation and to create an awareness of their contribution within the community. Nominations should be completed initially by unit commanders, then sent to the next level up to put forward ideally one or two candidates from each organisation per borough. Final submissions should be submitted by regional headquarters, to ensure consistency across the region. Candidates should be assessed not only on their professional performance but on personal qualities, social responsibility and success in other fields such as the Duke of Edinburgh's Award and other awards and education or sporting achievements.

To be eligible for a certificate, a young person must belong to a unit situated within the boundary of a London borough. Framed Deputy Lieutenant Certificates will be presented by the Representative Deputy Lieutenant for that borough during the course of 2023. Presentation events vary widely from visits to units, to a joint presentation with the mayor. For more information, and a nomination form, please contact Donna O'Halloran at [gl-offcadets@rfca.mod.uk](mailto:gl-offcadets@rfca.mod.uk).

## LONDON'S LIFELINES

A new campaign celebrating and showcasing the stories of everyday Londoners who give up their time to help others has recently been launched.

[London's Lifelines](#) celebrates London's volunteers, good neighbours and kind strangers who save and enrich lives in London in countless ways, from regular volunteering with local community organisations, to life-saving activities with the emergency services, and everything in between.

Adult volunteers can get involved by uploading a photo of themselves in uniform onto the [London's Lifelines website](#) with a short paragraph on why they volunteer and what they get from it.



**Share your volunteering story at:**

**#LDNSLifelines #LondonsLifelines**

Facebook **@LondonsLifelines**

Instagram **@londonslifelines**

Twitter **@LDNsLifelines**



# USEFUL RESOURCES

[Local Village Network \(LVN\)](#) is a website and app whose aim is to ensure that every young person in London has access to positive networks and an equal chance to reach their full potential. Sponsored by the Mayor of London and funded by MOPAC (the Mayor's Office for Policing and Crime), LVN is a directory of things for young people to do in London with information on education, employment, mentoring and youth clubs.

Registering opportunities for young people in uniformed youth groups is quick, easy and free.



## FOR YOUNG PEOPLE

### Explore Opportunities

There are over 2,500+ opportunities for young people across London and online on the app. From fun activities and support services to job opportunities and employability support, there's something for everyone.

### Online Mentoring

LVN offer a free, 6-week online mentoring programme for any young person aged 14-24 in education or looking for work. Young people can get help with writing a CV, interview preparation, applications and more.

## FOR ORGANISATIONS

### Feature Your Opportunities

If you have opportunities, activities, employment vacancies or support services suitable for young people aged 14-24, you can promote them on the Local Village Network app and website for free.

### Become a Mentor

Working together, we can make a huge impact in our local community. Explore how your organisation can get involved or simply register as a mentor today.

## FIGHTING KNIFE CRIME



SCAN HERE FOR OUR HOME PAGE AND HELPLINES

## MAKE THE CHANGE NOW

[www.fightingknifeblade.com](http://www.fightingknifeblade.com)

A completely **confidential** online space for young Londoners to find solutions to a better way of living

**KEEP SAFE  
FIND SUPPORT  
REACH OUT**

FIND A JOB • FIND A MENTOR • FIND FRIENDS  
MUSIC • MEDIA • ARTS • SPORT • NEW SKILLS

**Fighting Knife Crime London is about Changing the Future all our Young People**



SCAN FOR OUR LONDON-WIDE DIRECTORY OF ORGANISATIONS AND COMMUNITY PROJECTS



WE ALSO PARTNER WITH LOCAL VILLAGE NETWORK WHOSE USEFUL APP YOU CAN FIND HERE

[Fighting Knife Crime London](#) is an online directory, news resource and magazine to support the fight against Knife Crime in London. By providing an up-to-date news facility, a regular magazine, video resources, a research area, and a growing and highly accessible directory of organisations, the aim of the website is to address the causes and effects of knife crime, and all forms of violence.

## BOROUGH VOLUNTEER CENTRES

Did you know that every borough in London has a Volunteer Centre, which seeks to match willing volunteers with local volunteering opportunities? (Universities also have student volunteering centres, for any units based near a university.) These volunteer centres are well worth registering local unit adult vacancies with.

**Top tip:** UCL research has found that organisations have more success filling volunteering vacancies when descriptions of volunteering tasks are specific rather than general, e.g. 'we are looking for a person between 1930-2130 on a Tuesday evening to do [insert list of possible tasks]'. Do give the detail...

Twitter: @KnifeCrimeLdn Facebook: @Fighting Knife Crime London LinkedIn: @Fighting Knife Crime London

Instagram: Fighting Knife Crime LDN Email: [info@fightingknifeblade.com](mailto:info@fightingknifeblade.com)

Can't find what you need? Contact [info@fightingknifeblade.com](mailto:info@fightingknifeblade.com)



# YOU LONDON

## It's all about YOU...

The aim of YOU London is to work together to support young people by maximising the benefits of the existing youth organisations.

Working together takes many forms including inter-group competitions, sharing premises, sharing information, exhibiting together at recruitment events or simply being aware of who's who within each borough.

Working together often produces for the groups much more than the sum of the individual parts.

Organisation	Contact Name	Email Address
Army Cadet Force	Debbie Goodall	gl-se-ao2@rfca.org.uk
Boys' Brigade	Stephen Taylor-Hunt	Stephen.taylor@boys-brigade.org.uk
Fire Cadets	Johnny McDonald Millie Celeste	Jonathan.McDonald@london-fire.gov.uk Millie.Celeste@london-fire.gov.uk
Girls' Brigade	Carol Lowries	Carol.Lowries@gb-ministries.org
Girlguiding LaSER	Alison Bruce	alisonbruce5@btinternet.com
Jewish Lads' and Girls' Brigade	Martin Browning	Martin.Browning@jlgb.org
RAF Air Cadets	Squadron Leader Stephen Rudd	stephen.rudd319@mod.gov.uk
Scout Association	Eden Arnold Steve French	Eden.Arnold@scouts.org.uk you.londonscouts@gmail.com
Sea Cadet Corps	TBC	
St John Ambulance	Rosemary Herbage (West London) Hazel Shirley (South London) Suzanne Squirrell (East London)	Rosemary.herbage1@sja.org.uk Hazel.shirley@sja.org.uk Suzanne.squirrell@sja.org.uk
Volunteer Police Cadets	Carol Young PC Paula Cooper	Carol.Young@met.police.uk paula.cooper@met.police.uk
YOU London Co-ordinator	Debbie Wilkinson	youlondon1@gmail.com
YOU London Admin	Donna O'Halloran	gl-offcadets@rfca.mod.uk

## Z-CARDS

Fold out business-card sized 'Z-cards' which advertise all of the YOU London groups are available from Donna at [gl-offcadets@rfca.mod.uk](mailto:gl-offcadets@rfca.mod.uk).



YOU London would like to wish all young people, adult volunteers and permanent staff in London's uniformed youth organisations

*Merry Christmas  
and a Happy New Year*

Here's to lots more collaborative working in 2023!

If you would like to contribute to the next edition of YOU London News, please send articles and images to [youlondon1@gmail.com](mailto:youlondon1@gmail.com) by 30 April 2023. We're particularly after stories of collaboration between 2 or 3 organisations of no more than 200 words with a good digital image of at least 500KB in size.