

YOU

L N D O N

NEWS

JUNE 2024

YOU LONDON AT TROOPING THE COLOUR



YOU LONDON AT TROOPING THE COLOUR



On Saturday 8 June and Saturday 15 June, nearly 500 young people from YOU organisations nationally were privileged to watch Trooping the Colour and the full scale dress rehearsal the week before (The Colonel's Review) from a dedicated youth enclosure on the corner of The Mall and Horse Guards Parade. A big thank you to the Metropolitan Police Service for organising this for us and for looking after us so well on both days.



CELEBRATING VOLUNTEERS

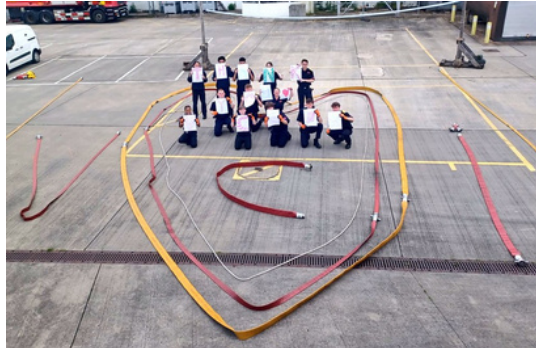


This year, LFB Fire Cadets held their annual celebration of volunteering during Volunteers Week (always the first full week of June). Over 80 Volunteer Cadet Instructors (VCIs) attended the annual Volunteer Celebration evening. Nine Volunteer Cadet Instructors received awards to recognise 5 years of volunteering, and 8 Volunteer Cadet Instructors received their 10 years of volunteering awards.

LFB Fire Cadets were also celebrating the fact that this year their volunteers had given a collective 5325 hours of volunteering across 24 cadet units, providing Fire Cadet opportunities for young people from every borough in London.



As part of a social media campaign to highlight Volunteers Week, Fire Cadets found some unusual ways to spell out 'Thank you'.



The Mayor of Bromley, Councillor Mike Botting, along with Deputy Lieutenant, Geoffrey Thompson Esq DL, presented Deputy Lieutenant's Certificates to recipients from the Army Cadet Force, RAF Air Cadets, Sea Cadets and Volunteer Police Cadets at the Bishop's Palace in Bromley on the evening of Thursday 9th May.

Deputy Lieutenant Certificates are awarded to young people worthy of recognition for their service to either their unit or the community, within each London borough.

THE BIG HELP OUT

Did your organisation do something special for The Big Help Out over the weekend of 7-9 June?



Rickmansworth and Watford Sea Cadets used canoes, kayaks, rowing boats and paddle boards to pick up litter in the Grand Union Canal on Sunday 9 June, and were featured on BBC London News. You can watch the short feature here:

[Rickmansworth and Watford Sea Cadets on BBC London News](#)

St John Ambulance Cadets from Harrow taught people CPR and collected food for the Harrow Food Bank. Girlguiding HQ threw open the doors of its ICANDO centre in Buckingham Palace Road for people to find out more about Girlguiding, whilst leaders from Enfield were out and about in Enfield Town Market. Scouts who participated in a Big Help Out activity, could earn themselves a Big Help Out badge.



Step into Health Insight Day – Friday 5 July

Are you a member of the armed forces community? Are you interested in working in the NHS?

Join North East London NHS Foundation Trust (NELFT) for a half-day insight event.

Date: Friday 5 July 2024

Time: 10am – 1pm

Location: NELFT, The West Wing, CEME Centre, Marsh Way, Rainham, RM13 8GQ

At this event, you will find out more information about NELFT, the opportunities we have available, and how we support members of the armed forces community to achieve your professional goals.

You'll hear from colleagues across the Trust including our equality, diversity and inclusion team, wellbeing and benefits team, training and development team and many more. Our recruitment team will also provide you with guidance on the NHS recruitment process.

To register your attendance for our insight event, please scan the QR code below, or [click here](#) to complete the registration form. Please note spaces are limited, we encourage you to apply as soon as possible to avoid disappointment.

If you have any questions about the event, or how we support members of the armed forces community, email us at: armedforces@nelft.nhs.uk



If you live in North East London and are looking for a new career, then the Step Into Health Insight Day, left, could be for you.

#AskAboutAsthma

NHS England-London's #AskAboutAsthma campaign, which returns in September, aims to raise awareness around childhood asthma and how to manage it. #AskAboutAsthma highlights the simple changes to children and young people's care that will make a big difference to how they experience their asthma.

NHS England offer a free, online course for anyone who works with young people with asthma, suitable for teachers, youth leaders and parents. <https://www.educationforhealth.org/course/supporting-children-and-young-peoples-health-improving-asthma-care-together/> It takes approximately 45 minutes to complete online and those who complete it receive a certificate valid for two years.



SIMPLY VOLUNTEER LONDON

Discover a World of Volunteering Opportunities

Find your perfect volunteer role, support organizations, and make a difference

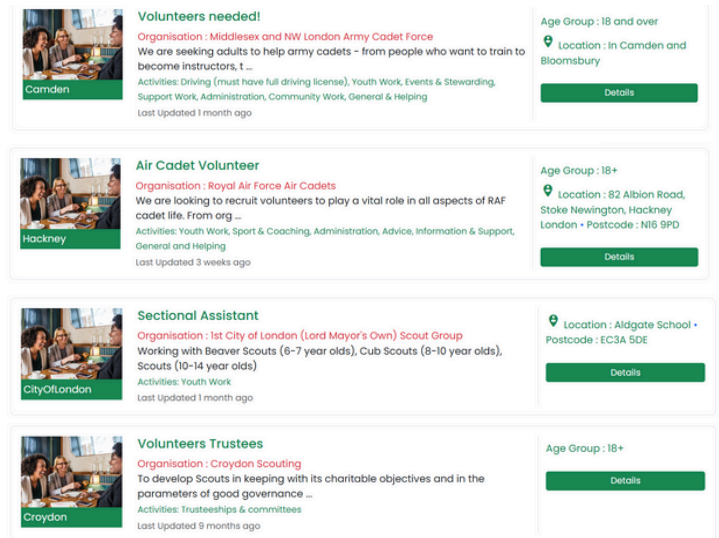


The database can be searched by keyword, skill, activity, location or postcode. Potential volunteers can state when and where they are able to volunteer. Organisations can register their vacancies here:

<https://simplyvolunteerlondon.uk/organisation/register> and the database aims to match the two...

The Greater London Authority launched a new volunteering database at the end of last year.

<https://simplyvolunteerlondon.uk> aims to link people looking for volunteering opportunities with organisations that have vacancies to fill.



BOROUGH VOLUNTEER CENTRES

Did you know that every London borough has a borough Volunteer Centre (VC)? These VCs exist to match potential volunteers to vacancies within that borough. You can find contact details for all London borough VCs at <https://londonplus.org/cvcs-and-volunteer-centres/volunteer-centres>.



Your local borough Volunteer Centre:

Connects

- Matching volunteers to local organisations.
- Additional specific services, e.g., supporting volunteers with disabilities, or corporate volunteering

Promotes

- Raises the profile of volunteering locally, increasing awareness amongst the general public, policymakers and funders.
- Provides strategic leadership on issues related to volunteering.

Supports

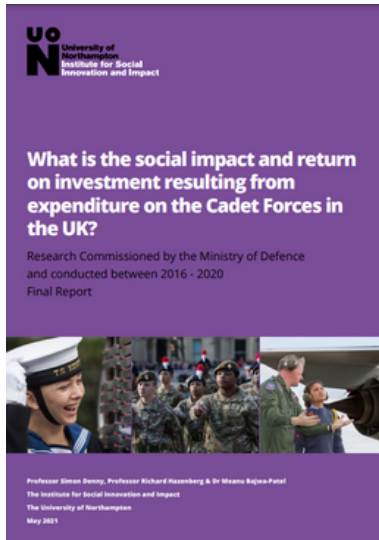
- Provides information and advice for volunteers and prospective volunteers, but also volunteer-involving organisations.
- Supports the local voluntary and community response to emergencies.

Represents

- Represents and advocates for volunteers and volunteer-involving organisations.
- Provides local insights and amplifies the voice of communities, volunteers, and volunteer-involving organisations.

WHAT DIFFERENCE DO UNIFORMED YOUTH GROUPS MAKE?

There is all sorts of evidence illustrating the positive impact that membership of a uniformed youth group can have on the lives of young people. This page seeks to summarise some of this information in one place. Click on each image to read each report.



In February, as part of its 'Youth Evidence Review' designed to strengthen the evidence base around the impact of the youth sector, the Department for Culture, Media and Sport (DCMS) published three papers on 'youth provision and life outcomes'. The three papers covered:

- A study of longitudinal research
- A study of international evidence
- A study of the local impact of youth clubs

The report found: *"There is a clear association between participation in youth provision and positive short-term outcomes relating to physical health and wellbeing, pro-social behaviours and education. There is also strong evidence that these short-term outcomes are sustained over decades and, compared with non-participants, people who attended youth clubs continue to score more highly for several of these indicators of wellbeing."*

YOU CROYDON CHALLENGE

Around 100 young people participated in the annual YOU Croydon Challenge on Sunday 2 June 2024, organised by YOU (Youth Organisations in Uniform) Croydon. The event was superbly hosted by Royal Russell School CCF, who even seemed to organise the sunshine!

On arrival, young people from Croydon units of the Army Cadets, Fire Cadets, Girlguiding, Scouts, Sea Cadets, Volunteer Police Cadets and members of Royal Russell School CCF were split into mixed syndicates. They then completed nine challenges run by the adult volunteer leaders from each organisation, designed to develop their teamwork and leadership skills.

Some of the activity stands included an observation stand run by the Army Cadets, a vehicle search run by the Volunteer Police Cadets, a team building exercise run by the RAF CCF Training Team and a 'toxic waste transfer' run by the Sea Cadets. Other activities such as an archery competition run by Girlguiding Croydon and a mobile climbing wall run by Croydon Scouting ensured a fun mix of challenges during the day. The event finished with a delicious BBQ courtesy of Royal Russell School.

The Civic Mayor of Croydon, Councillor Kola Agboola, took time out of his busy schedule to visit the event and talk to the young people, alongside Councillor Tony Pearson, Croydon Council's Armed Forces Champion.

The winning team, Team 5, were presented with gold YOU London pin badges by Colonel Hugh Purcell OBE DL, Chair of YOU London. In his closing speech at the end of the day, Colonel Ray Wilkinson QVRM TD DL VR, Representative Deputy Lieutenant for the London Borough of Croydon said: "Thank you for attending, and particular thanks to all the adult volunteers for planning and delivering the event today. Without your dedication, this event could not have happened. I've seen so much commitment, enthusiasm and energy today from both the young people and adult volunteers, that it gives me great hope for the future of Croydon."



YOU LONDON

It's all about YOU...

The aim of YOU London is to work together to support young people by maximising the benefits of the existing youth organisations.

Working together takes many forms including inter-group competitions, sharing premises, sharing information, exhibiting together at recruitment events or simply being aware of who's who within each borough.

Working together often produces for the groups much more than the sum of the individual parts.

Organisation	Contact Name	Email Address
Army Cadet Force	Debbie Goodall	gl-se-ao2@rfca.org.uk
Boys' Brigade	Stephen Taylor-Hunt	4thlondon.bb@gmail.com
Fire Cadets	Johnny McDonald Millie Celeste	Jonathan.McDonald@london-fire.gov.uk Millie.Celeste@london-fire.gov.uk
Combined Cadet Force	Carl Crane	Carl.Crane934@mod.gov.uk
Girls' Brigade	Carol Lowries	Carol.Lowries@gb-ministries.org
Girlguiding LaSER	Rosie Austin	RosieA@girlguidinglaser.org.uk
Jewish Lads' and Girls' Brigade	Anthony Moran	Anthony.Moran@jlgb.org
RAF Air Cadets	Squadron Leader Taz Bhachoo	Tarandeep.bhachoo100@rafac.mod.gov.uk
Scout Association	Steve French	you.londonscouts@gmail.com
Sea Cadet Corps	Lt Cdr Cliff Lewis RNR	clewis@ms-sc.org
St John Ambulance	Rosemary Herbage (West London) Hazel Shirley (South London)	Rosemary.herbage1@sja.org.uk Hazel.shirley@sja.org.uk
Volunteer Police Cadets	Carol Young PC Paula Cooper PC Liam Masterson	Carol.Young@met.police.uk paula.cooper@met.police.uk Liam.Masterson@cityoflondon.police.uk
YOU London Co-ordinator	Debbie Wilkinson	youlondon1@gmail.com
YOU London Admin	Donna O'Halloran	gl-offcadets@rfca.mod.uk

Z-CARDS

Fold out business-card sized 'Z-cards' which advertise all of the YOU London groups are available from Donna at gl-offcadets@rfca.mod.uk.



2024 dates

13 Jul - Bexley Uniformed Services Day
 15 Aug - A Level results day
 22 Aug - GCSE results day
 9 Sep - Emergency Services Day
 6 October - Silver Sunday
 13 Oct - Lord Mayor's Music Competition
 19-20 Oct - YOU London Future Leaders Development weekend
 9 Nov - YOU London float in the Lord Mayor's Show
 10 Nov - Remembrance Sunday
 11 Nov - Remembrance Day
 20-24 Nov - #Iwill week - 10 year anniversary



If you would like to contribute to the next edition of YOU London News, please send articles and images to youlondon1@gmail.com by 30 November 2024. We're particularly after stories of collaboration between 2 or 3 organisations of no more than 200 words with a good digital image of at least 500KB in size.